

Fysiotest Xtreme Run

Result List MF+AG

MFRank	Bib	AG	Name	YoB	Sex	Club	Time	Interim	Net time
Dam/Herr 5 km									
m									
1.	947	1.	Christian Klintbo		m		0	0	0:28:09.3
2.	916	1. Seniors M30	Emil Kullberg	1984	m		0	0	0:29:48.0
3.	922	2. Seniors M30	Jonas palmgren	1976	m		0	0	0:31:25.1
4.	912	3. Seniors M30	Christian Lind	1979	m		0	0	0:31:56.7
5.	839	1. Men	Niklas	1994	m		0	0	0:32:13.6
6.	923	1. Seniors M40	Kristofer Durk	1972	m		0	0	0:32:31.9
7.	900	2. Seniors M40	Magnus Hjersing	1971	m		0	0	0:32:50.5
8.	554	3. Seniors M40	Anders Ranshed	1971	m		0	0	0:34:30.3
9.	777	2. Men	Viktor Jacobsson	1995	m		0	0	0:35:06.7
10.	910	4. Seniors M30	Tell Siegrist	1985	m		0	0	0:35:20.7
11.	942	4. Seniors M40	Magnus Dahl	1970	m		0	0	0:35:41.9
12.	622	5. Seniors M30	Daniel Niklasson	1978	m		0	0	0:35:45.9
13.	569	5. Seniors M40	Pål	1972	m		0	0	0:35:55.7
14.	878	6. Seniors M40	Joacim Nilsson	1972	m		0	0	0:36:07.5
15.	735	7. Seniors M40	John Lundqvist	1970	m		0	0	0:36:16.9
16.	868	6. Seniors M30	Christopher	1984	m		0	0	0:36:38.1
17.	921	7. Seniors M30	Daniel Clausen	1982	m		0	0	0:37:11.4
18.	819	8. Seniors M40	Peter Bulund	1972	m		0	0	0:37:13.1
19.	893	3. Men	Axel Lennselius	2001	m		0	0	0:37:15.1
20.	151	9. Seniors M40	Magnus Bernhed	1971	m		0	0	0:38:03.1
21.	821	4. Men	Liam Swanson	2006	m		0	0	0:39:04.4
22.	918	10. Seniors M40	Magnus	1967	m		0	0	0:39:38.7
23.	838	8. Seniors M30	Magnus Mellby	1978	m		0	0	0:39:39.7
24.	415	11. Seniors M40	Claes Andersson	1966	m		0	0	0:39:48.7
25.	849	9. Seniors M30	Tibor Bondesson	1976	m		0	0	0:39:50.8
26.	15	5. Men	Ted Svedenbron	1986	m		0	0	0:39:51.2
27.	882	10. Seniors M30	Jonas Funquist	1980	m	Höganäs	0	0	0:40:02.0
28.	913	6. Men	Axel Lokrantz	1999	m		0	0	0:40:15.5
29.	563	11. Seniors M30	Andreas Jönsson	1983	m		0	0	0:40:26.7
30.	946	12. Seniors M40	Niklas Kruse	1971	m		0	0	0:40:26.8
31.	588	7. Men	Olaf Jönsson	1990	m		0	0	0:40:32.7
32.	928	8. Men	Oscar Walther	1998	m		0	0	0:40:39.9
33.	925	9. Men	Karl-Johan	1990	m		0	0	0:40:40.0
34.	840	1. Seniors M50	Palle Schrewelius	1963	m		0	0	0:40:52.4
35.	887	13. Seniors M40	Svenne Sandvik	1970	m	Team Stevefit	0	0	0:41:34.1
36.	843	10. Men	Oscar Dahlkvist	2001	m		0	0	0:41:36.2
37.	842	12. Seniors M30	Jakob Troedsson	1978	m		0	0	0:41:38.3
38.	865	13. Seniors M30	Martin Jakubowski	1984	m		0	0	0:41:43.4
39.	879	2. Seniors M50	Jörgen Svensson	1963	m		0	0	0:41:55.2
40.	902	11. Men	Hampus Roos	1997	m		0	0	0:42:02.3
41.	854	14. Seniors M40	Mikael Turunen	1971	m		0	0	0:42:17.3
42.	885	3. Seniors M50	Thomas	1963	m		0	0	0:43:53.7
43.	901	15. Seniors M40	Jonas Roos	1968	m		0	0	0:44:07.6
44.	767	16. Seniors M40	Lars-Erik	1969	m	Meihem	0	0	0:44:40.5
45.	914	12. Men	Carl Lokrantz	1997	m		0	0	0:46:45.8
46.	895	17. Seniors M40	Mats Hylander	1970	m		0	0	0:46:58.1
47.	950	18. Seniors M40	Jonas Franzen	1975	m		0	0	0:47:28.8
48.	866	13. Men	Victor Forsberg	1986	m		0	0	0:47:31.0
49.	884	14. Men	Joakim	1993	m		0	0	0:48:57.2

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50.	860	19. Seniors M40	Anders Wising	1972	m		0	0	0:50:21.4
51.	888	15. Men	Leo Johansson	2007	m	Team	0	0	0:52:20.3
52.	889	14. Seniors M30	Andreas	1978	m	Team	0	0	0:52:20.6
53.	890	20. Seniors M40	Anders Sjöberg	1975	m	Team	0	0	0:52:50.7
54.	875	16. Men	Andreas Makra	1996	m		0	0	0:53:08.6
55.	874	21. Seniors M40	Dennis Nordin	1970	m		0	0	0:53:09.4
56.	870	15. Seniors M30	Joakim Tapio	1980	m	Team SteveFit	0	0	0:54:40.5
57.	833	17. Men	Vincent Nederman	1999	m		0	0	0:54:46.1
58.	938	2.	N.N. 938		m		0	0	10:49:39.5
59.	937	3.	N.N. 937		m		0	0	10:55:21.8
60.	621	4.	N.N. 621		m		0	0	10:58:54.7
61.	935	5.	N.N. 935		m		0	0	10:59:11.5
62.	936	6.	N.N. 936		m		0	0	11:01:51.1
63.	781	18. Men	Hjalmar Lundquist	2000	m		0	0	11:07:24.7

W

1.	230	1. Women	Jenny Andersson	1999	w		0	0	0:33:06.9
2.	920	1. Seniors W30	Jessica Ståhl	1980	w		0	0	0:33:24.7
3.	789	2. Seniors W30	Carolina	1978	w		0	0	0:34:41.5
4.	903	3. Seniors W30	Jill Bengtsson	1978	w	Is Göta	0	0	0:35:26.0
5.	940	2. Women	Katja Klinedegren	2004	w		0	0	0:35:35.1
6.	831	4. Seniors W30	Elin Holmstrand	1984	w		0	0	0:37:39.3
7.	120	3. Women	Josefine Bernhed	2002	w		0	0	0:38:02.8
8.	917	5. Seniors W30	Sara Sjunnesson	1981	w		0	0	0:39:23.0
9.	834	6. Seniors W30	Sara Henstam	1978	w	Runacademy	0	0	0:39:38.7
10.	835	7. Seniors W30	Ida Andersson	1978	w		0	0	0:39:38.9
11.	816	8. Seniors W30	Vibeke	1983	w		0	0	0:39:52.2
12.	897	1. Seniors W40	Kristin Magnusson	1974	w	GoFitness	0	0	0:40:04.9
13.	853	9. Seniors W30	Desiree Phexell	1985	w		0	0	0:40:06.2
14.	898	4. Women	Linnea Olsson	1988	w	Meihem	0	0	0:40:28.6
15.	945	2. Seniors W40	Birgitta Rose	1969	w		0	0	0:40:30.0
16.	899	5. Women	Sara Gunnarsson	1989	w		0	0	0:40:32.3
17.	927	6. Women	Malin Walther	1996	w		0	0	0:40:40.4
18.	926	7. Women	Paula Hansen	1992	w		0	0	0:40:41.2
19.	841	1. Seniors W50	Karin Schrewelius	1964	w		0	0	0:40:52.4
20.	825	3. Seniors W40	Jenny Dahl	1974	w		0	0	0:40:53.1
21.	820	4. Seniors W40	Lotta Olsson	1973	w		0	0	0:41:12.6
22.	817	10. Seniors W30	Marina Olmarker	1979	w		0	0	0:41:13.2
23.	905	11. Seniors W30	Jeanette Larsson	1976	w		0	0	0:41:21.0
24.	877	5. Seniors W40	Alexandra	1975	w		0	0	0:41:44.5
25.	858	2. Seniors W50	Monica Eriksen	1959	w		0	0	0:42:02.5
26.	904	6. Seniors W40	Anette Randevik	1969	w		0	0	0:42:03.4
27.	934	7. Seniors W40	Therese Wihed	1975	w		0	0	0:42:05.0
28.	826	8. Seniors W40	Jessica Murro	1972	w		0	0	0:42:05.4
29.	906	12. Seniors W30	Josefin Yjord	1981	w	Meihem	0	0	0:42:19.1
30.	908	9. Seniors W40	Helena Björk	1967	w	Mayhem	0	0	0:42:22.3
31.	924	10. Seniors W40	Marie Eriksson	1971	w	Meihem work	0	0	0:42:36.3
32.	850	13. Seniors W30	Caroline Berglund	1980	w		0	0	0:42:41.6
33.	931	14. Seniors W30	Liane Gunnarsson	1980	w	runacademy	0	0	0:42:47.0
34.	891	11. Seniors W40	Daniela Bordet	1968	w		0	0	0:43:56.1
35.	944	15. Seniors W30	Anna Rubin	1984	w		0	0	0:44:43.9
36.	828	8. Women	Nora Bülund	1998	w	Spårvägens FK	0	0	0:44:44.3

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37.	869	12. Seniors W40	Annika Tapio	1971	w	Team SteveFit	0	0	0:45:12.7
38.	837	13. Seniors W40	Irina Dahlkvist	1969	w		0	0	0:45:19.9
39.	919	14. Seniors W40	Linda Bjäråsen	1971	w	Hotel Skansen	0	0	0:46:05.3
40.	894	15. Seniors W40	Anna Thulin	1967	w		0	0	0:46:23.1
41.	846	16. Seniors W30	Malin Tan	1979	w	Klätterservice	0	0	0:46:41.4
42.	844	16. Seniors W40	Karoline Brodin	1967	w	Klätterservice	0	0	0:46:52.6
43.	848	17. Seniors W30	Helena	1979	w		0	0	0:46:54.1
44.	845	18. Seniors W30	Marika Cullin	1980	w	Klätterservice	0	0	0:46:54.7
45.	896	17. Seniors W40	Marlene Hylander	1975	w		0	0	0:46:58.2
46.	857	9. Women	Johanna Ekman	1993	w		0	0	0:47:18.7
47.	856	10. Women	Jessica Ekman	1991	w		0	0	0:47:18.7
48.	867	19. Seniors W30	Tove Linden	1985	w		0	0	0:47:30.9
49.	932	1. Seniors W80	Chloe Bockasten		w		0	0	0:48:07.1
50.	892	20. Seniors W30	Anna Fredriksen	1983	w	Filborna Arena	0	0	0:48:20.9
51.	883	11. Women	Jessica	1993	w		0	0	0:48:36.4
52.	818	21. Seniors W30	Lotta Nilsson	1978	w		0	0	0:48:56.4
53.	933	22. Seniors W30	Christina	1980	w		0	0	0:49:15.0
54.	929	12. Women	Nina Skoglund	1989	w	Mayhem	0	0	0:49:15.0
55.	863	23. Seniors W30	jeanette nilsson	1979	w		0	0	0:49:56.6
56.	862	18. Seniors W40	camilla nilsson	1970	w		0	0	0:49:57.3
57.	830	13. Women	Lisette Eriksen	1986	w		0	0	0:51:01.4
58.	872	19. Seniors W40	Ann-Louise Nelin	1970	w		0	0	0:51:13.3
59.	886	24. Seniors W30	Anja Griesche	1979	w		0	0	0:51:39.2
60.	829	25. Seniors W30	Mariell Eriksen	1980	w	Björnstorps IF	0	0	0:52:06.9
61.	859	26. Seniors W30	Anna Wising	1977	w		0	0	0:52:09.4
62.	876	14. Women	Denise Makra	1997	w		0	0	0:53:09.0
63.	873	20. Seniors W40	Elisabeth Makra	1973	w		0	0	0:53:09.1
64.	861	21. Seniors W40	A von Wowern	1973	w		0	0	0:54:34.4
65.	871	27. Seniors W30	Marika Rudén	1981	w	Motion & Hälsa	0	0	0:54:40.7
66.	832	15. Women	Jessica Paulsson	1999	w		0	0	0:54:46.0
67.	907	22. Seniors W40	Katarina Karlsson	1973	w		0	0	11:25:55.0

Dam/Herr 10 km

m

1.	574	1. Seniors M30	Christer Sellman	1985	m		0	0	0:49:11.2
2.	744	2. Seniors M30	Andreas Järgren	1979	m	IS Göta	0	0	0:51:28.4
3.	685	3. Seniors M30	Kenth Fransson	1982	m	IS Göta	0	0	0:52:19.4
4.	773	4. Seniors M30	Niclas Lestander	1976	m		0	0	0:52:38.2
5.	949	1. Men	Karl-Fredrik Lindh	1986	m		0	0	0:52:55.7
6.	695	1. Seniors M40	Toru Shingai	1969	m		0	0	0:55:00.0
7.	941	5. Seniors M30	Christian	1982	m		0	0	0:57:10.2
8.	690	6. Seniors M30	Patrick Clemens	1976	m		0	0	0:57:55.6
9.	709	2. Seniors M40	Emil Falkek	1974	m		0	0	0:58:50.0
10.	759	7. Seniors M30	Niklas Yjord	1979	m		0	0	0:59:05.0
11.	714	2. Men	Linus Wallden	1988	m		0	0	1:00:34.8
12.	680	3. Seniors M40	Björn Carlstedt	1966	m		0	0	1:01:12.9
13.	723	8. Seniors M30	Daniel Andersson	1978	m		0	0	1:02:08.1
14.	743	9. Seniors M30	Daniel Magnusson	1979	m		0	0	1:02:41.9
15.	720	3. Men	Tobias Josefsson	1990	m		0	0	1:02:56.4
16.	703	10. Seniors M30	Joakim Bergman	1977	m		0	0	1:03:41.5
17.	778	4. Seniors M40	Jesper	1970	m		0	0	1:03:42.6
18.	766	11. Seniors M30	Andreas Jansson	1984	m		0	0	1:03:45.9

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MFRank	Bib	AG	Name	YoB	Sex	Club	Time	Interim	Net time
19.	764	4. Men	Linus Einarsson	1990	m		0	0	1:04:20.5
20.	724	12. Seniors M30	Patric Gustavsson	1981	m		0	0	1:04:27.5
21.	699	5. Seniors M40	Peter Andersson	1969	m		0	0	1:05:38.5
22.	725	5. Men	Marcus Brage	1987	m		0	0	1:06:23.8
23.	755	13. Seniors M30	Andreas	1985	m	Kessel	0	0	1:06:24.9
24.	785	14. Seniors M30	Christian	1978	m		0	0	1:06:30.4
25.	763	6. Seniors M40	Tammy Magro	1974	m		0	0	1:07:31.7
26.	686	15. Seniors M30	Jimmy Dewens	1978	m		0	0	1:08:13.3
27.	771	1.	Mattias Svensson		m		0	0	1:08:22.1
28.	775	6. Men	Marcus Wetterling	1996	m		0	0	1:08:32.6
29.	708	16. Seniors M30	Tobias Burnesson	1980	m		0	0	1:08:45.9
30.	624	17. Seniors M30	P-A Jacobsson	1981	m		0	0	1:09:18.8
31.	718	18. Seniors M30	Johan Eriksson	1984	m		0	0	1:09:47.0
32.	694	7. Men	Christer Hentze	1990	m		0	0	1:09:55.1
33.	727	7. Seniors M40	Jan Guustafsson	1973	m		0	0	1:10:28.2
34.	756	8. Seniors M40	Magnus lundberg	1973	m	meihem	0	0	1:10:43.9
35.	784	19. Seniors M30	Morgan Kurtsson	1981	m		0	0	1:10:55.5
36.	770	9. Seniors M40	Andreas Bencker	1971	m		0	0	1:11:23.1
37.	713	20. Seniors M30	Dennis Nylen	1980	m		0	0	1:11:42.4
38.	747	21. Seniors M30	Daniel Persson	1977	m		0	0	1:11:57.6
39.	758	22. Seniors M30	Peter Ebbesson	1983	m		0	0	1:11:58.0
40.	715	10. Seniors M40	Uffe Axelsson	1968	m		0	0	1:13:14.0
41.	760	8. Men	Isak Mölzer	1999	m	Mayhem	0	0	1:14:20.0
42.	623	1. Seniors M50	Bo Persson	1963	m		0	0	1:14:30.6
43.	733	11. Seniors M40	Jukka Ropponen	1966	m		0	0	1:14:36.0
44.	939	9. Men	Jacob Isaksson	2000	m		0	0	1:16:34.2
45.	765	23. Seniors M30	Emil Johansson	1979	m		0	0	1:16:56.4
46.	719	24. Seniors M30	Johann Lamartine	1980	m		0	0	1:18:55.1
47.	711	12. Seniors M40	Magnus Pålsson	1974	m		0	0	1:19:21.2
48.	518	2. Seniors M50	Crister Isaksson	1960	m		0	0	1:23:35.0
49.	734	10. Men	Martin Johansson	1995	m	Drt -	0	0	1:23:52.3
50.	731	11. Men	jonatan eldh	1990	m		0	0	1:25:03.9
51.	704	13. Seniors M40	Mats Ljungström	1966	m		0	0	1:26:48.0
52.	730	25. Seniors M30	Philip Mossinger	1985	m		0	0	1:27:21.7
53.	739	12. Men	paul lund	1991	m		0	0	1:37:58.5
54.	717	26. Seniors M30	Jack Gabban	1977	m	Margretelund	0	0	10:59:35.9
55.	774	2.	N.N. 774		m		0	0	11:38:49.9

W

1.	710	1. Seniors W40	Susanne	1967	w		0	0	1:06:21.5
2.	772	2. Seniors W40	Petra Lestander	1975	w		0	0	1:07:06.6
3.	741	1. Seniors W30	Karin Henderson	1979	w		0	0	1:08:11.9
4.	757	2. Seniors W30	Maria lundberg	1976	w	meihem	0	0	1:08:58.0
5.	691	1. Women	Johanna Fransson	1988	w		0	0	1:11:46.5
6.	726	3. Seniors W30	Caroline Vingren	1980	w		0	0	1:12:26.0
7.	779	2. Women	Anneli Blomqvist	1996	w	IS Göta	0	0	1:12:33.3
8.	737	3. Seniors W40	Ewa Hansson	1973	w		0	0	1:18:09.9
9.	712	4. Seniors W30	Kikki Mårtenbsson	1976	w		0	0	1:19:20.6
10.	745	4. Seniors W40	Emma Fager	1973	w	Mayhem	0	0	1:20:22.2
11.	749	5. Seniors W30	Monica	1980	w	Meihem	0	0	1:20:34.0
12.	948	6. Seniors W30	Marianne Nilsen	1979	w		0	0	1:20:59.3
13.	721	7. Seniors W30	Evelina Nordberg	1984	w		0	0	1:21:31.9

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14.	700	5. Seniors W40	Karin Nilsson	1975	w		0	0	1:23:12.9
15.	707	8. Seniors W30	Katarina Wallentin	1978	w		0	0	1:24:20.9
16.	738	9. Seniors W30	Anna Petersson	1977	w		0	0	1:25:27.3
17.	732	10. Seniors W30	Jenny Mossinger	1984	w		0	0	1:27:29.9
18.	768	6. Seniors W40	Camilla	1967	w	Meihem	0	0	1:28:21.5
19.	754	11. Seniors W30	Liv Askblad	1984	w		0	0	1:28:56.9
20.	762	12. Seniors W30	Ida Brantberg	1982	w	Meihem	0	0	1:31:30.1
21.	752	7. Seniors W40	Malin Lindqvist	1975	w	Mayhem	0	0	1:40:55.3
22.	753	8. Seniors W40	Linda Ardemalm	1974	w	Meihem	0	0	11:13:30.0
23.	748	13. Seniors W30	Sofie Persson	1982	w		0	0	11:16:09.4
24.	751	14. Seniors W30	Lina Pålsson	1980	w		0	0	11:16:09.4
25.	702	9. Seniors W40	Lotta Pålsson	1973	w	Fk	0	0	11:47:20.9
26.	746	10. Seniors W40	Jenny Lindqvist	1974	w	Meihem	0	0	11:59:42.9
27.	750	15. Seniors W30	Linda Tibemo	1982	w	Mayhem	0	0	12:01:23.1

Lag 10 km

1.	802	1.	Isaks hjältar		Meihem	0	0	0:50:59.9
2.	788	2.	Farsan Kan			0	0	1:05:17.0
3.	792	3.	Team Fitpit			0	0	1:05:59.3
4.	798	4.	Is Göta		IS Göta	0	0	1:07:04.3
5.	795	5.	Ericsson			0	0	1:08:39.0
6.	796	6.	Toughest Team			0	0	1:10:15.4
7.	561	7.	Crossfit			0	0	1:10:39.1
8.	803	8.	Toughest Team			0	0	1:12:20.0
9.	290	9.	Team Wang			0	0	1:15:40.6
10.	807	10.	Team TH		Löparglädje	0	0	1:17:55.0
11.	801	11.	Team Emelie			0	0	1:19:07.3
12.	794	12.	Tough Runner			0	0	1:19:18.0
13.	809	13.	Xtreme Fun			0	0	1:19:18.2
14.	797	14.	Team Lindskog			0	0	1:20:54.0
15.	812	15.	Newbies		Gjuteriet	0	0	1:23:14.0
16.	814	16.	Stall Märtatorp		Lonesome	0	0	1:24:20.1
17.	804	17.	Toughest Tram			0	0	1:24:51.4
18.	811	18.	Team OP			0	0	1:27:18.7
19.	806	19.	Pannben			0	0	1:28:58.4
20.	790	20.	Team Borr			0	0	1:32:09.8
21.	805	21.	Ostrian			0	0	1:32:13.0
22.	810	22.	Nordbergh			0	0	1:32:58.9
23.	813	23.	ToughestTeamLa			0	0	1:34:31.4
24.	800	24.	Mud sweat and			0	0	1:35:52.0
25.	808	25.	Team lilja Vikman		Mayhem	0	0	1:36:20.0
26.	793	26.	Murphy's Lag		Military Fitness	0	0	1:43:53.4

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1.	787	1.	Mr O Mrs Schlyter	w		0	0	1:26:29.4
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Number of records: 239